

# Pharmacy S.O.S

## Newsletter

Welcome to the Pharmacy S.O.S Newsletter



## SEASONS GREETINGS

The team at Pharmacy SOS wishes all our customers and pharmacists the very best and most prosperous 2012. We hope you enjoy this busy Christmas period and have a safe and joyful holiday.

Please remember that Pharmacy SOS will be open and operating during this period **including over the public holidays of**

**Christmas and New Year.** So please remember to not save the 1300 505 247 number in your mobile phones now just in case you need it over the break.

*Merry Christmas.*

Pharmacy S.O.S.



DECEMBER 2011



*"60 Minute Locum Service  
Or It's FREE!"*

**1300 505 247**

## FMRC: Essential Pharmacy Financial Management Course

FMRC will hold its next course on March 20<sup>th</sup>-22<sup>nd</sup> 2012 in Hyatt Regency Sanctuary Cove, Gold Coast.

This course has just been re-assessed by the Pharmacy College and has been accredited with up to **54 Group 2 CPD points plus extra points for pre-course work.** This is more than the yearly requirement and also qualifies for the rural travel subsidy.

Geoff Perry, Managing Director and presenter, has been training and consulting in pharmacy since 1984. For more information, please click on the FMRC Logo.



## Time to set goals for 2012

2011 is now history and we must look forward to a brand new, fresh year that is 2012.

December is a prime opportunity for us to sit down and reflect on what we achieved in 2011, and then to outline our goals for the next year. By writing these goals down, you cement a solid image in your mindset that a goal must be achieved and will more likely be acted upon. So what's your goal? Pharmacy ownership? Accreditation for medication reviews? An extra holiday perhaps this year? Or spend more time with the family.

Whatever it is, one should have a **defined written goal** with a **plan** to achieve it. That plan, should be reviewed on a constant (or perhaps monthly?) basis in order to realign your energy towards achieving the goals in a clear manner.

And remember the 5Ps of success...

Proper Planning  
Prevents Poor  
Performance

A sample goal setting plan might be as follows.....

### Goal for 2012

	Date to be achieved	Achieved? Review date?
<b>FIRST GOAL for 2012</b>	<b>Achieve AACP Accreditation</b>	<b>12/2012</b>
<b>Plan to achieving goal</b>		
<b>Milestone 1 (first step is always the hardest)</b>	Contact AACP and start process	<b>January 31<sup>st</sup></b>
<b>Milestone 2</b>	Submit MCQs	<b>February 28<sup>th</sup></b>
<b>Milestone 3</b>	Submit initial Case	<b>April 30<sup>th</sup></b>
<b>Milestone 4</b>	Submit all cases	<b>November 30<sup>th</sup></b>

*Save this number*

**NOW**

*On your mobile phone*

**1300 505 247**

We are open through the Christmas break.



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